



Toowoomba Challenge

To generate some racing interest around the Toowoomba region, we are starting a solo racing series. The races will cover a range of disciplines, which you can compete for a variety of accolades. We will post the top ten times for the following categories;

Total Series Time	Open Men
	Open Women
	Under 17
Individual Race	Open Men
	Open Women
	Under 17
Special Mention	Any super efforts outside the above categories

You will be able to continually improve your Total Series Time by getting faster times on the individual races, gradually moving you up the rankings.

Print out this information sheet to keep track of your times and add your times into the blog at bikelineracing.bikeline.com.au/TourdeWoomba/. Beware, if you get a time faster than an Olympic athlete (like in Race 4), you may be asked to repeat your performance, in-front of your peers!

A Word of Caution

The races have been designed for roads in low traffic areas with the majority of left-hand turns, little to no traffic lights, give-way and stop signs. However, you still need to obey all road rules and do not place yourself into any situation that could be dangerous to yourself or others. If you need to stop for traffic, just take some time off your final time. This is meant to be a fun individual exercise.

We suggest getting familiar with the circuits before attempting a cracking time. You don't want to be giving it your all to find out you are lost half way into an attempt. If you have any question, please email through to bikelineracing@gmail.com and we will make sure you get the information you need.

OK, get pedalling and start posting some times!



Tour de Woomba

Race 1 – Alpe d’Range

The Challenge

Climb the Toowoomba Range as quickly as possible.

Statistics

Altitude: 323m
Distance: 3.85km

<p>Start Point – Table Top Road / Warrago Highway intersection at the bottom of the Range (Give-way Sign).</p>	
<p>Finish Point – Light Post on the corner of Warrego Highway and Tourist Rd</p>	

Attempt	Time (mm:ss)	Conditions (windy, wet)	Comments
1			
2			
3			
4			
5			



Tour de Woomba

Race 2 – Critère de l'Université

The Challenge

Race a fast and short circuit as found in a criterium event.

Statistics

Laps: 5
Total Distance: 18.5km

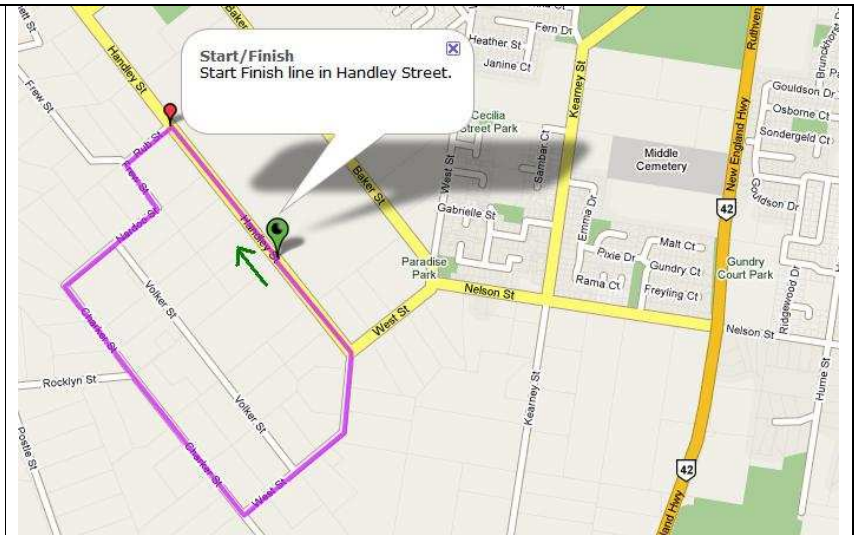
Start in Handley St. Select a marker/street sign to identify as your start/finish line.

Note:

Ride in an anti-clockwise direction.

Lap:

Turn left into Rub St
Turn left into Frew St
Turn right into Nardoo St
Turn left into Charker St
Turn left into West St
Turn left into Handley St



Attempt	Time (mm:ss)	Conditions (windy, wet)	Comments
1			
2			
3			
4			
5			



Tour de Woomba

Race 3 – HITT (Highfields Individual Time Trial)

The Challenge

A testing individual time trial around scenic Highfields.

Statistics

Total Distance: 10km

Start on New England Hwy at Stringybark St.
 Turn left into Reis Rd
 Veer left into Kleinton Rd
 Turn left into Meringandan Rd
 Turn left into Highfields Rd
 Finish line at Lorikeet St



Attempt	Time (mm:ss)	Conditions (windy, wet)	Comments
1			
2			
3			
4			
5			



Tour de Woomba

Race 4 – Over Before It Started

The Challenge

Complete a flying 200m sprint at the Velodrome.

Statistics

Distance: 200m

Toowoomba Velodrome is located at Griffiths Park on the corner of Jones and Wattle St.

A white line on the far side of the track indicates 200m to the finish line.

To complete a 200m sprint, roll around the track for a lap. On the next lap, build speed so you are at maximum when you hit the 200m to go line. Maintain this speed until you cross the Finish line.

Note:

Due to the shortness of this event, it is best to have someone time you. There are usually people at the velodrome on Tuesday, Wednesday and Sunday afternoons who would be willing to time your sprint.

If you do not own a track bike, you can complete this event but do not attempt this while other track riders are present (as they do not have brakes like you do). To keep things fair, use a gear similar to a **53** (big chain ring at the front) and a **17** (middle of the rear cassette). This equates to a 48x15 track bike gear ratio.



Attempt	Time (mm:ss)	Conditions (windy, wet)	Comments
1			
2			
3			
4			
5			



Tour de Woomba

Race 5 – The Final Torment

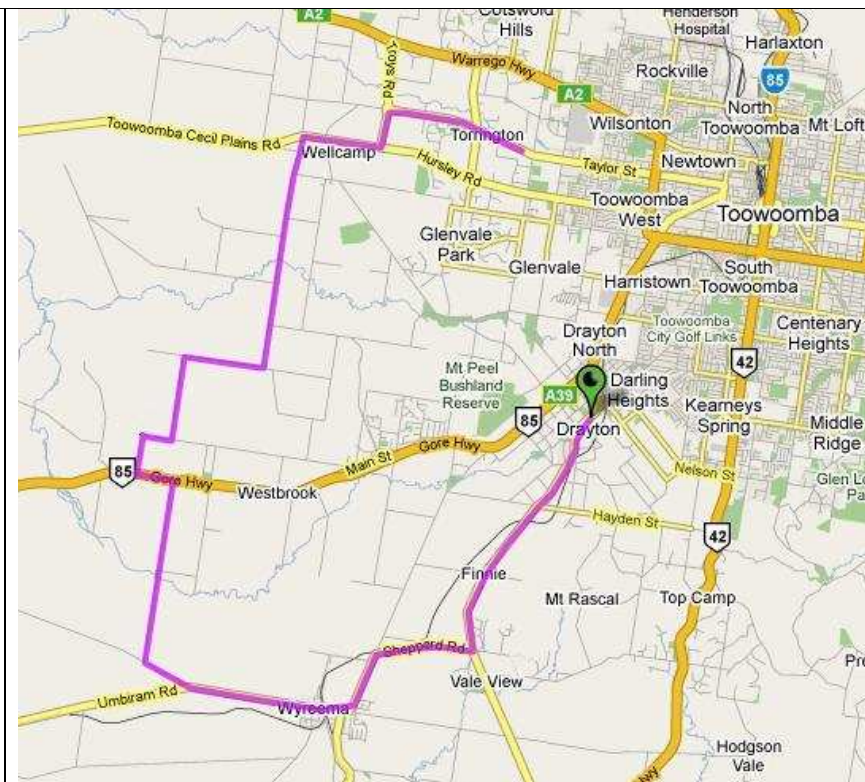
The Challenge

The final race in the series and the one that will count for the most time. This race simulates a road race around the towns west of Toowoomba.

Statistics

Distance: 35 km

Start: Opposite Drayton Police station
 Turn Right into Sheppard Rd
 Veer Right at Wyreema Athol Rd
 Turn Left on Gore Hwy for 200m then turn Right onto Bunkers Hill School Rd
 Follow around until you turn Left into Blackwell Rd
 Turn Right then turn Left into Wellcamp Westbrook Rd
 Turn Right onto Toowoomba Cecil Plains Rd
 Turn Right at Carrington Rd round-a-bout
Finish: First set of lights on Carrington Rd and Boundary Rd
Notes:
 Rough surface along Toowoomba Cecil Plains Rd
 Take care when crossing on the Gore Hwy



Attempt	Time (mm:ss)	Conditions (windy, wet)	Comments
1			
2			
3			
4			
5			